

# Progress Report 2025



**Humana  
People to People Laos**





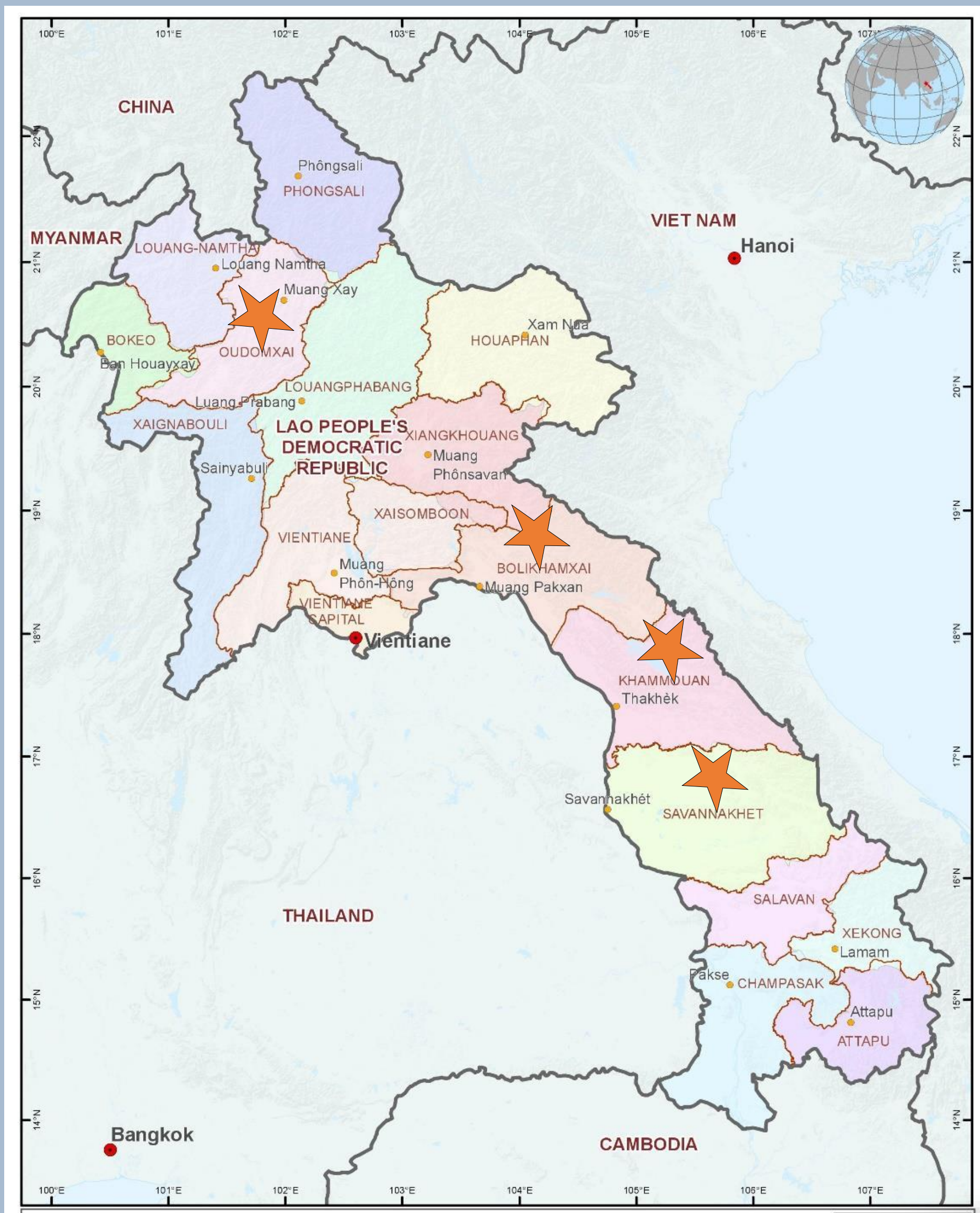


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# Our projects



- ★ Community-Based Support for the Ending TB Strategy in Savannakhet Province
- ★ Farmers' Clubs Xaybouthong.
- ★ Lao Communities Tackle Poverty and Biodiversity Loss for Sustainable Development.
- ★ Farmers' Clubs for Migrant and Ethnic Women.
- ★ Green Goals: Football for Environmental Awareness in Laos.
- ★ Farmers' Clubs for Migrant and Ethnic Women through Commercialization
- ★ Community-led Child Development in Naphao Village
- ★ Farmers' Clubs for Health and Livelihood



**19 project units in 220 Villages, 33 Districts, and 4 Provinces since 2011**



**48 employees**



**350.000 people reached**

# Thematic Areas



## Community Development

- Forming Village Action Groups and building their capacity in income generating, food security, childcare, health, and climate change.
- Skills training of women and youth in literacy and entrepreneurial skills.
- Community-led Child Care Centers and Youth Clubs.
- Campaigns to take care of the environment.



## Sustainable Agriculture and Environment Protection

- Developing the capacity of small-scale farmers to increase agricultural production and market linkage.
- Support small-scale farmers to withstand and adapt to climate disasters and hazards.
- Organizing small-scale farmers to share farming knowledge and to build mutual support in communities.



## Health and Disease Prevention

- Community-led TB case finding and support.
- HIV awareness, care and support
- Nutrition support
- Maternal Health and Child Care.

# Humana People to People Laos

## Who we are

Humana People to People Laos is an international NGO with a representative office in Laos.

Humana People to People is an international federation working in 49 countries worldwide which goes back to 1977 with its first projects in Zimbabwe and Mozambique.

Through 2025, we have celebrated numerous actions alongside people, communities, government, partners, and other stakeholders in Laos.

The actions have had a lasting impact on people's lives and have contributed to more development, greater well-being, increased economic possibilities, and greater hope for the future.

Our core value is working alongside the poor in remote and vulnerable communities, empowering them to work together and achieve the change they desire. In recent years, the climate crisis has come more and more into our focus and have become a cross-cutting issue in all our projects.

We believe in people as the driving force of the development and see it as our greatest obligation to implement projects where people are at the center of the activities and project results.

HPP Laos is working for sustainable change in close collaboration with people in their communities and our partners on development projects where people's most critical concerns are addressed.

## What we do

Our history goes back to 2011, when we started to implement community development projects focusing on maternal and child health and nutrition, income generation and improved livelihood in Bolikhamzay Province.

From 2018 to 2025, HPP Laos has implemented community-led TB case finding projects in Bolikhamxay, Oudomxay and Savannaketh Provinces including support for treatment and care, in partnership with Global Fund, Expertise France L'Initiative and the National TB Center.

With EU funding we started a Farmers' Clubs Project in Khammouane Province in 2017, reaching 5,000 farmers. Ending 2021, the project focused especially on improving nutrition and food security in the families.

From 2021 to 2025, we continued to work with 3,400 of the farmers in partnership with new donors: Asian Development Bank, l'Oreal Fund for Women, New Zealand Embassy, Heineken Beer and Darwin Initiative/ UK Government.

In 2024-25, we have implemented a number of projects focused on reforestation and biodiversity protection.

After having successfully implemented a number of informal community-led childcare groups to support women's active participation in income generation and improved livelihood for their families, we started a 3 years' project in 2025, piloting an Early Childhood Development Center in Xaibouthong District, funded by Child's Dream Foundation.





**When people go together and contribute with their time, work and a little money, the community can move mountains. With the Farmers' Clubs as the backbone, people join hands to improve their lives.**

**We work alongside people and the government to prevent and eradicate infectious diseases. Positive outcomes depend on people themselves as the driving force.**



**Our programs call for the community to engage in its own development. Income generation with marketing and sale is an important driver of economic development.**



## **Sustainable Agriculture and Environment**

**Farmers hold the key – sustainable practices can end deforestation.**

**With the right support—training, finance, and policies—farmers can increase productivity without expanding into forests, protecting both nature and their future.**



**Small-scale farmers are the frontline response to the world's environmental and social crisis. That is how important they are.**

**When conditions allow them to earn a living, they remain on the land, and they protect it. The land is the foundation for their livelihoods and their culture**



# The Food Security and Nutrition Project

## Farmers' Clubs

### Farmers' Clubs improve climate resilience food security and nutrition

Humana HPP and Health Poverty Action in close cooperation with Khammouane Province, successfully completed the implementation of a Food Security and Nutrition project with 5,000 farmer families in 100 villages of Khammouane Province in 2021. The project was funded by the European Union and has been extended in 2021-25 with additional funding from smaller and larger partners.

The Farmers' Clubs are the basic project structure through which activities are implemented. The overall objectives of Farmers' Clubs are to further sustainable and climate resilient agricultural production, to improve families' nutrition through a balanced diet, to increase farmers' wealth and to create a crop surplus for sale. In their clubs, farmers learn how to increase their yields, diversify their crops, work together more effectively, bargain as a collective, and support each other. They meet once a fortnight to discuss progress and issues, and to receive training.

Through close collaboration and new learning, the farmers make great progress.

The perspective is that Farmers' Clubs evolve to become self-sustaining in mutually supportive networks of farmers which last beyond project completion.

Several of the clubs have continued to join hands after the funding ceased. Many farmers successfully continued to run the demonstration plots as community gardens for joint income generation and continued other bi-weekly club activities resulting in increased food security and nutrition in the families.



### Smallholder farmers play a crucial role in establishing sustainable food systems locally, fighting hunger and malnutrition in their communities

#### Core activities include:

- Establishment of demonstration plots for crops farming and vegetable production (1 per Farmers' Club)
- Training on climate-resilient agriculture and other sustainable practices.
- Establishment of seed banks.
- Adoption of small-scale water systems for irrigation.
- Establishment of green houses for rainy season vegetable production.
- Establishment of fishponds.
- Training in animal husbandry and set-up of animal pass-on-loan schemes.
- Introduction of innovative techniques of food processing, preparation and storage.
- Increased value chain and access to markets
- Joint bargaining for cheaper and better agriculture inputs.
- Protecting biodiversity and forest cover.
- Growing non-timber-forest products.
- In the Farmers' Clubs, members regularly engage in field visits to assess each farmer's progress.



**We work alongside the poor and join forces with them  
When people are at the center of their own development  
in an organized collective process, sustainable change  
can be made**

**Mr. Gittha's Story (Village Chief of Xorcktang Village,  
2024–Present)**

*"I learned to grow vegetables and raise animals. I received seeds and livestock, improving my family's nutrition and income through sales.*

*Before the start of the Farmers' Club project, my family's income was barely enough to cover our basic daily needs, leaving us with no opportunity to save for our children's future*

*The introduction of the Farmers' Club in 2024 marked a turning point for our community. The project provided vital training alongside agricultural inputs, to diversify our production. By integrating mushroom farming, fish farming, poultry raising, and vegetable gardening, we were able to transform our subsistence practices into sustainable income sources.*

*Specifically, my family received five chickens and 2,000 fish for our home farm. Through the skills I acquired, I have maintained and expanded this production beyond the initial project support. Today, the results are clear: we are now self-sufficient, covering our daily expenses while successfully investing in our children's education and building savings for their future.*

*Even after the project ended, villagers continued using the training, like feeding chickens with vegetable scraps to cut costs. The project brought unity, knowledge, and lasting change".*





## Protecting biodiversity and forests

**We work alongside the community to protect biodiversity and forests for future generations. Our goal is to ensure that the natural wealth of today becomes the inheritance of tomorrow.**



Healthy forests are crucial for watersheds and water quality, including aquatic life, food and shelter for wildlife, soil protection, and erosion prevention, mitigation of flooding, and filtering runoff before entering waterways.

In partnership with **World Wildlife Foundation (WWF)** and **International Union for Conservation of Nature (IUCN)**, HPP Laos implemented two tree-planting projects in Khounkham District, Khammouane Province in 2022-23.

The projects mobilized and organized local farmers to contribute to the protection of Phouhai Protected Forest and secure regeneration of degraded forest in the wildlife corridor, soil protection, and erosion prevention, mitigation of flooding and filtering runoffs to waterways.

The projects organized 160 Families to plant and take care of 50,000 seedlings in nurseries, to plant the seeds out in the community forests and take care of the young trees until they are strong enough to thrive.

A part of the seedlings are local hardwood species, that will eventually grow into mature trees and create regenerated ecosystems and improve the habitat for wildlife.

Another part of the seedlings are rattan that provides Non Timber Forest Products like shoots that is a popular ingredient in traditional Lao diet, and eventually stems for handicraft and furniture.

Many rural families are adversely affected by loss of forest cover leading to increased flooding and mudslides during the rainy season It takes its toll on production and livelihood.

Therefore, HPP Laos includes tree-planting as an important element in all of our Farmers' Clubs projects.



In 2024 we signed a 3 years' contract with **Darwin Initiative (UK-Aid)** to expand the project activities and include 600 families in 12 more villages, replant degraded local forests, plant vegetables and a range of non-timber-forest-products and market the plants to boost livelihoods, while assisting the Government to enforce regulations to stop illegal wildlife trade and deforestation.

The project's name is "**Lao Communities tackle poverty and biodiversity loss for sustainable development**".

Some of the results after year 1:

- 1,314 villagers have planted 200,238 hardwood trees across 145 Ha of protected forest
- 12 Farmers' Clubs have planted 12 demo-gardens for diversified vegetable cultivation incl. medicinal plants
- 60 greenhouses were constructed to enable cultivation during the rainy season
- 600 farmers were trained on animal husbandry, animal health and vaccine use, while livestock revolving funds were introduced.



**Farmers hold the key  
– sustainable practices  
can end deforestation.  
With the right support,  
training, finance, and  
policies, farmers can  
increase productivity  
without expanding into  
forests, protecting  
both nature and their  
future**



**We train and organize farmer communities to protect the land, the forests, and rivers, use the groundwater efficiently, farm the land, adopt regenerative agricultural practices, and work with nature and not against it**



# Clean Cooking & the Environment

Most families in the rural areas of Laos cook food in the close quarters of the household kitchen. They fuel the stove with chopped wood from the forest or with charcoal that is locally produced. This practice has great health risks, especially to the mothers and children that usually stay in the kitchen many hours every day.

Additionally, the practice of chopping wood for fuel and for production and use of charcoal has large environmental impacts.

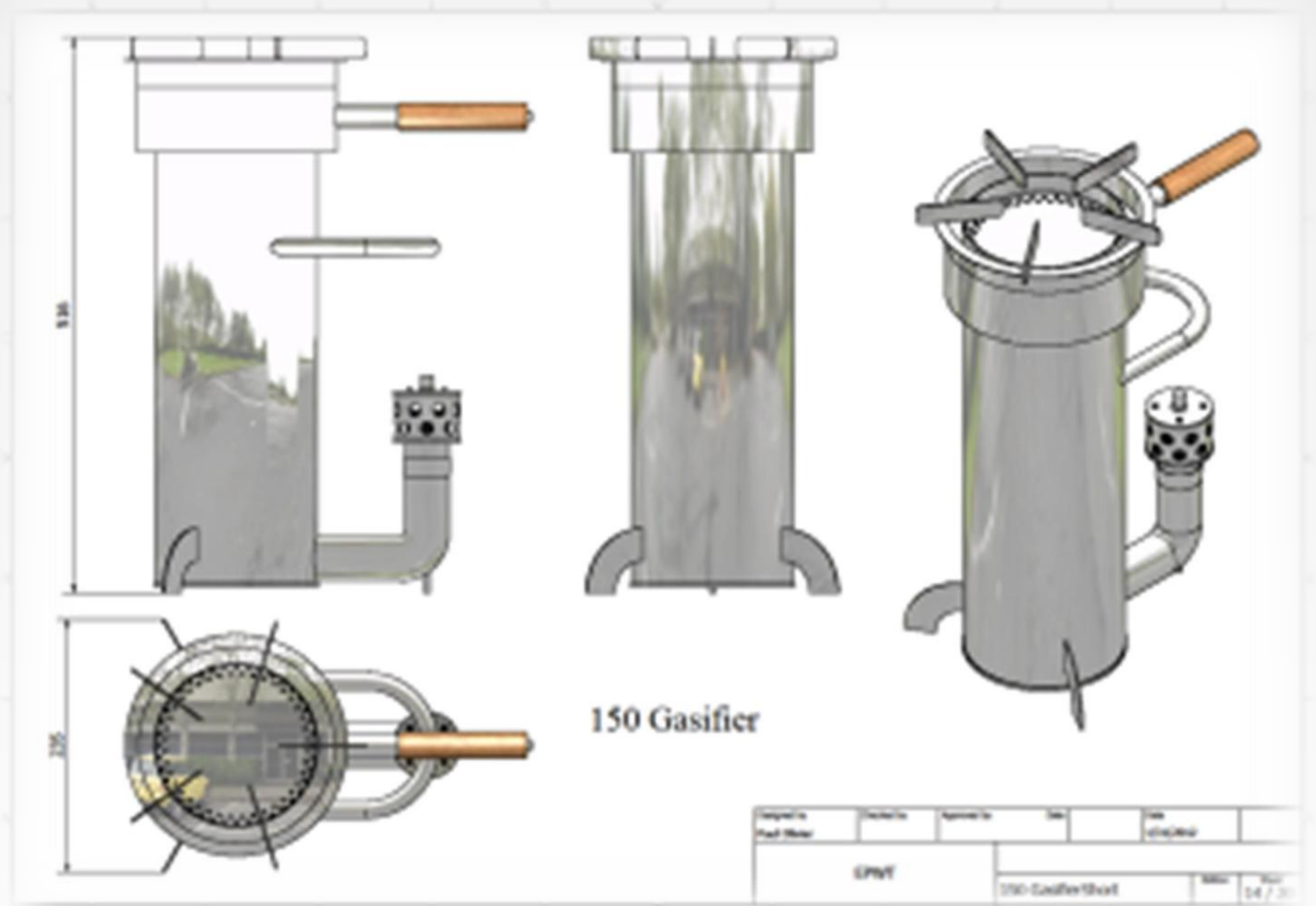
Since 2018, HPP Laos has introduced a household biomass gasifier to 760 families in Bolikhamxay and Khammouane Province and trained the families to use it.

The gasifiers are fueled with rice husk, a waste product from the rice harvest, that every rice farmer can store in abundance after the harvest. The husk does not burn but will gasify in a closed steel canister, that releases no smoke at all.

A bi-product of the gasification is biochar, that the families are trained to use for improve the effect of compost and manure in their gardens.

Funds have been provided by the Global Environment Fund, the EU, Canadian Fund for Local Initiatives and the Australian Embassy.

An important part of the program is to raise awareness in the communities about climate change and how the use of a household biomass gasifier can contribute to both mitigation and adaptation.





## **Health and Disease Prevention**

**With our Health Projects, we respond to how people live their lives; we work alongside them to build and maintain good health in their communities and increase the well-being for all**



We raise awareness about tuberculosis in hundreds of rural communities. Field officers and health volunteers identify presumptive cases through screening and contact tracing and refer them for testing at Health Centers and Clinics for professional diagnosis.

## **Tuberculosis - the TB Active Case Finding projects a people-centred approach to disease control and prevention**

The TB Active Case Finding projects are based on HPP's Total Control of TB (TC TB) concept. TC TB has been developed and tested throughout HPP countries worldwide. TC TB is based on close community mobilisation at the grass root level and is centred on the idea that only people can liberate themselves from the illnesses.

HPP Laos employs field staff that live and work in the villages. They arrange village meetings, when possible, and go from door to door to identify presumed TB patients and refer them to testing at the local clinics. The project team incorporates Village Health Workers in all activities and mobilises communities to support their TB affected peers through formation of TRIOs. TB patients and two family members or friends are trained in TB awareness and nutrition. The TRIOs ensure daily medication intake of the patient. HPP Laos provides TRIOs with knowledge in and materials for vegetable gardening, animal raising and improved nutrition.

Improved nutrition supports TB patients' recovery and improves their overall health to decrease the risk of getting sick again.

Funded by the Global Fund, HPP Laos completed a three-year project in December 2020, followed by a new three-year project (also with Global Fund) that started in 2021.

Based on HPP Laos' successful approach and a solid partnership with Ministry of Health in Laos we signed yet another three-year contract with Expertise France, L'Initiative in 2020. The contract has been extended with a second phase from 2024-27 in Savannakhet Province.

All in all, HPP together with our consortium partner CHIAs covered 22 districts in 3 provinces from 2021 to 2025 with our program.

Our projects play an increasingly important part in the efforts of the Ministry of Health in eradicating Tuberculosis in Laos before 2030.



**We go door-to-door in remote villages to raise awareness about tuberculosis.**

**Our goal is to reach all those who may be suffering from the disease without knowing it, so they can get tested, treated and cured.**



**Our dedicated field staff travel to hundreds of remote communities, reaching those who need it most.**

**Working closely with village health volunteers and health center staff, we raise awareness about TB and identify potential TB cases through active screening and contact tracing.**

# Tuberculosis - the TB Active Case Finding projects a people-centred approach to disease control and prevention



## Project results TC TB, 2021-2025:

**TB patients notified and referred for testing:**  
HPP Laos' project team contributed to 988 notified TB cases .

**People reached:**  
The project teams have reached 200,000 people and raised awareness about TB

**Health Center staff and village health workers trained:**  
HPP Laos trained 1,372 health center staff and village health workers

**Recognizing the importance of nutrition in recovery, the project provided TB patients with food packages containing essential vitamins and proteins. This helped them regain their strength and improved their response to treatment.**



## The TRIO – model for treatment care and support



### Family based adherence support

A cornerstone in our health projects is a family-based system called a TRIO that support TB and HIV/AIDS patients in treatment and care of the contagious diseases.

In HPP Laos' TC TB and HOPE projects we help patients to form a TRIO.

The TRIO consist of the patient and two family members or friends. Its main task is to ensure daily medication intake of the patient and adherence to the treatment.

The TRIO is trained in TB or HIV/AIDS awareness and nutrition and is supported to carry out its tasks in the service of the patient. HPP Laos provides the TRIOs with knowledge in and materials for vegetable gardening, animal raising and improved nutrition. Improved nutrition and HIV patients' recovery, boost their immune system and supports improves their overall health to decrease the risk of getting sick again.

The TRIOs are supported by Village Health Workers, attached to the program.



***Nooth, her husband, and her older sister formed a TRIO. They were trained in TB awareness, nutrition, and the importance of treatment adherence. The TRIO's main task was to ensure that Nooth took her medication daily and followed her treatment plan.***



## Community Development

**At Humana People to People, we believe that every community has the power to thrive. We work hand-in-hand with the local Community to break barriers and create sustainable opportunities, ensuring that a 'better life' is not just a dream, but a shared reality.**



## Income generation for former migrant workers and vulnerable women

During and after the COVID pandemic, 300,000 migrant workers from Laos had to leave their workplaces in Thailand. They returned to their villages in Laos where no workplaces were available.

With funding from ADB, HPP Laos trained, mobilised and organised some of these migrant workers in 5 rural communities in Khammouane Province. The project aimed at reintegrating them into their villages.

The projects' specifically focus was on improved livelihood and economic resilience for the former migrant workers. Small businesses were set up, and migrant workers were trained in the adequate skills. Farmer families were supported to expand, diversify and increase productivity and income.

HPP Laos used the model to create income generating activities for vulnerable women. A project was set up and funded by **L'Oreal Fund for Women** in 10 additional villages from 2023-2025.

In 2024, the project was expanded with 250 women in 5 villages with funding from **Heineken Lao Brewery Company**.



### ***Miss. Duangta Phachalern's Story (Phonyianoy Village, 2024–Present)***

*"I live in Phonnianoy Village with my family of four. Before 2024, our income relied solely on a small shop. Through the HPP Laos COVID-19 mitigation project, I received training and materials for poultry, catfish, and greenhouse production.*

*By applying these sustainable agricultural techniques, we have significantly improved our nutrition and diversified our income. We currently earn approximately **2,700,000 LAK** per month (\$122 USD) from these activities and continue to use the project's methods to secure our family's financial stability."*



## Community Saving Groups

### HPP Laos Together with Women's Union Formed 122 Community Saving Groups in Khammouane Province

The Community Saving Groups (CSG) serve as a cornerstone for local financial resilience. By Monthly deposit from members into a collective fund, members have gained access to credit, insurance against emergencies, a vital engine for small-scale entrepreneurship and household stability, and a structured environment for capital growth.

#### How We Operate

At its heart, the group operates on a foundation of **mutual trust and disciplined saving**.

- **Regular Contributions:** Members contribute a fixed "share" during weekly or monthly meetings.
- **The Loan Fund:** This accumulated capital is then made available as low-interest loans to members for school fees, medical costs, or business investments.
- **Social Fund:** A separate, smaller portion of contributions is often set aside as a safety net to provide grants or interest-free help during times of bereavement or natural disaster.

#### Impact and Key Achievements

The success of the CSG is measured not just in the total balance of the bank account, but in the tangible shifts in the community:

- 1. Financial Literacy:** Members have developed advanced skills in budgeting, record-keeping, and long-term financial planning.
- 2. Economic Autonomy:** Access to internal credit has allowed members to bypass predatory lenders, keeping wealth within the community.
- 3. Women's Empowerment:** By providing a platform for financial management, the group has significantly elevated the decision-making power of women within their households.

The savings group is more than a bank; it is a classroom and a support network where the progress of one is the progress of all.



## Maternal and Child Health and Nutrition

From the beginning, HPP Laos started its quest to improve life for the under 5 years' old children.

During the ensuing years, 28,000 people in 19 villages have been mobilised and trained in Community Development projects called Child Aid.

The projects were focused on health, nutrition, hygiene and sanitation and income generation.

With the support of the project, people formed Village Action Groups, that were encouraged, supported and organised to advance the situation for each of the member families in the village.

The Child Aid project is focusing especially on building families' capacities to reduce malnutrition among pregnant women and children under 5 years.

The Village Action Groups work together to keep the village clean and to build water, sanitation and hygiene infrastructure with the aim of improving each family's health and well-being.

In our projects, thousands of families have constructed inexpensive household toilets, mainly with locally procured materials.

The Child Aid project supports women to set up and operate a rotating childcare system in the village, and to establish an early childhood development program that prepares the children for entering primary school.

The lessons from Child Aid are now integrated into the Farmers' Clubs projects in Khammouane.

**The project supports people to organize themselves in Village Action Groups to build up the skills and knowledge they need to make changes together**

**With the children's wellbeing on their mind, the community might build a playground together and organize the grandparents to lead a day care center for the small ones**

**Every child deserves a safe, conducive place to learn and the dignity of proper hygiene. The community join hands to transform the learning environment and ensure access to essential hygiene facilities to help students learn and thrive**

# Community-led Child Development Groups



Funded by the **Child's Dream Foundation** HPP Laos started piloting a Community-led Child Development Group at Ban Naphao, Khammouane Province in 2025.

The project supports the Government's policy of enrolling all 3-5 years old children in preschools nationwide.

The Humana People to People movement has implemented preschools in Southern Africa and Asia and has through the years developed a program that build on enhancing the government curriculum through innovative, holistic and community-led activities.

## Main characteristics:

- Children from 3-5 years have the optimal possibilities for building up capacity and learning abilities and laying the foundation for their social and logic intelligence.
- Besides the traditional school subjects, the children learn about nature, animals, nutrition, hygiene and how to express themselves through arts and music.
- The preschool has its traditions and clear structure every month and every week, and each day has its routines
- The project leads the community to create a preschool building with a special nurturing and inspiring environment
- In each village a Parents' Committee is established. It is responsible for the preschool in cooperation with the teachers and HPP project staff.
- Every month the parents are receiving training in childcare, nutrition, hygiene and early childhood development

## Elements of the program:

**The school day is 4-5 hours long**, five days a week.

Four days a week the day has a fixed structure.

**One day a week is a special day**, reserved for activities like excursions, common actions, big events etc.

Besides the weekly structure the school year has a fixed structure with monthly headlines.

**Every month** the parents of the preschool children will be invited for a parents' afternoon to hear their children tell, sing and show examples of what were the main items in the program of the past month.

### 1 Hour – Use your brain

Learn about the world and its phenomena in a broad sense.

1 topic per month – 20 hours in each topic. The 12 topics of one year: The alphabet, Numbers and counting, Our Village, Worthy causes, Our Country, Southeast Asia, The World, Healthy and Well, Animals and Plants, The Weather, Agriculture, The Nature

### 1 Hour – Use your hands

General training through practical work and production on a small scale, getting to grips with reality, numbers, skills.

Different headline for each day of the week: **Monday:** The Vegetable Garden; **Tuesday:** Cleaning and Decorating the Area Outdoors and Indoors; **Wednesday:** Learn a new skill with your hands; **Thursday:** The vegetable garden; **Friday:** Learn how to handle animals.

### 1 Hour – Get experience and use your imagination

Everything between heaven and earth.

This element will be different from day to day throughout the year. An inspiration plan with many ideas is set up, from which the concrete program can be made.

### 1 Hour – Use your body

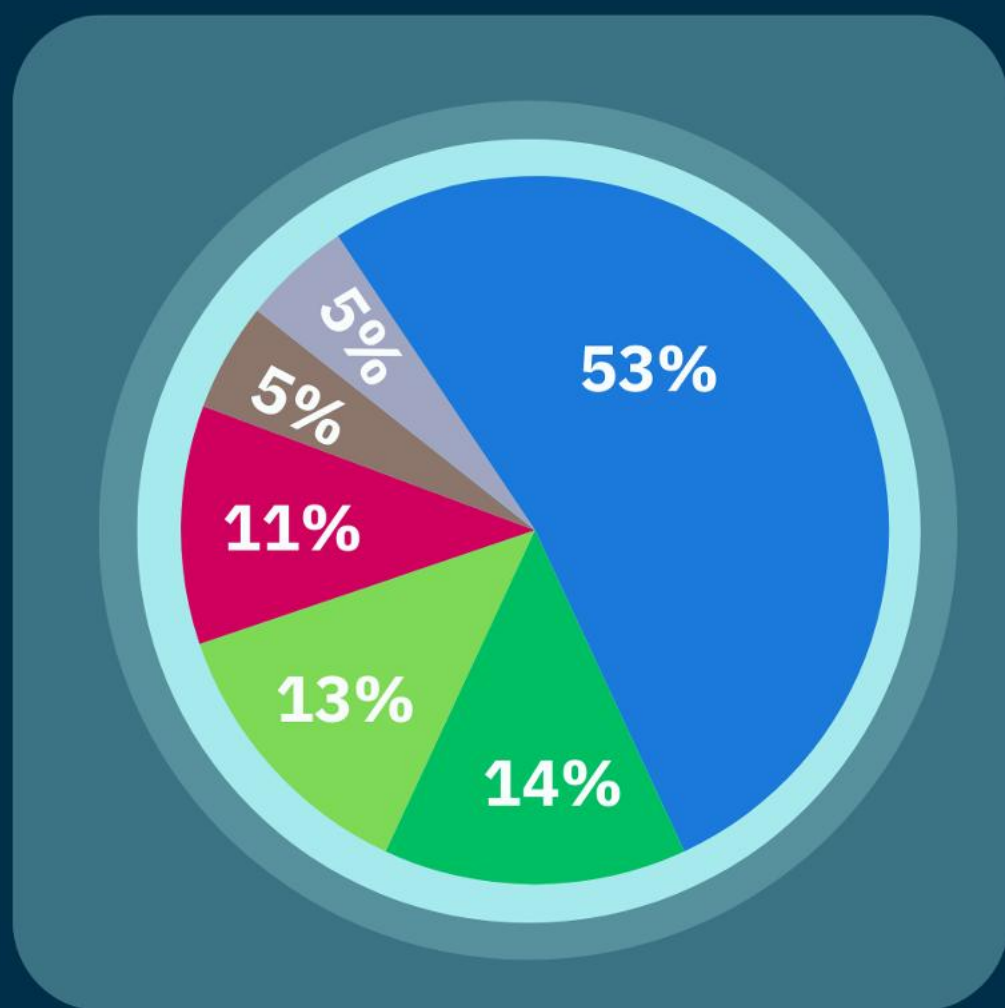
Playing, competitions, Sports, dancing, singing, walking/exploring, games, drawing, using your motor skills.

Headline for the days of the weeks: **Monday:** Sports; **Tuesday:** Sports; **Wednesday:** Sports and tournaments; **Thursday:** Organized play; **Friday:** Dancing

# Financial Overview - HPP Laos

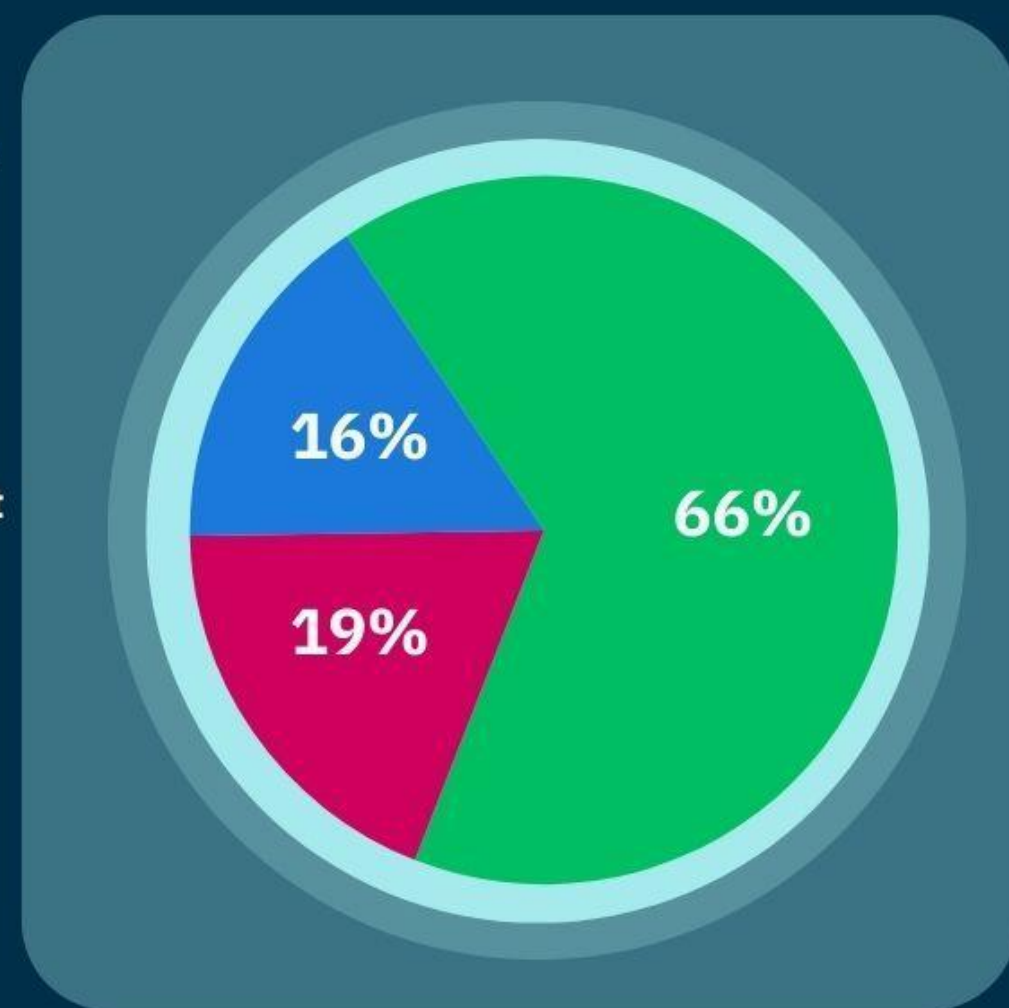
## Sources of Funding

- The Federation Humana People to People
- Expertise France
- Darwin Initiative
- Business Companies
- Embassies
- Global Fund



## Expenditure of Funds

- Sustainable Agriculture
- Health and Disease Prevention
- Community Development



# Humana People to People Worldwide



**49 countries  
across  
5 continents**

**1,856  
development  
projects**

**17.5 million  
people reached**

## Partnership in Development

Humana People to People Laos is proud to work with a diverse range of partners and grateful for the support they give to our social development projects.

Partnerships are a vital part of what we do and offer symbiotic relationships that help our projects to prosper. Whilst a partner often provides the necessary funding for a project, we contribute with knowledge about the needs on the ground and a close connection with the communities. We also provide the ideas, energy, experience, and resources to make things happen, with tried and trusted project concepts and processes ready to go. Partners include both national and local governments, foundations, the private sector, multilateral agencies, and international organizations.

We would like to thank all our partners for their continued support and commitment to work with the people on the ground, pursuing development for positive, lasting change.



## The Federation Humana People to People

Our common agenda is to protect the planet, build communities and support people by connecting them with others, unleashing their potential for positive change and action. The Federation supports the members in delivering critical on-the-ground programmes across Africa, Asia, Europe, North America and South America. This support includes programme development, project management and operations, financial management support and help to promote our common agenda and gain influence through important relationships and partnerships.

The activities of the Humana People to People movement are aligned with the UN 2030 Agenda.

Together with the people in the communities and our numerous partners, we continue to stand by countries as they strive to meet the Sustainable Development Goals and the Paris Agreement for Global Warming and Climate Change, creating lasting positive change in the process.



**Humana**  
**People to People Laos**

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